



Nondiscrimination in Health Programs and Activities

Affordable Care Act - Section 1557

Mary T. Inc. and its affiliates complies with applicable federal civil rights laws and does not discriminate on the national origin, age, disability, gender identity or sex. Mary T. Inc. does not exclude people or treat them differently basis of race, color, because of race, color, national origin, age, disability, gender identity or sex.

Mary T. Inc.:

- provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - qualified sign language interpreters, and
 - written information in other formats (large print, audio, accessible electronic formats, other formats)
- provides free language services to people whose primary language is not English, such as:
 - qualified interpreters, and
 - information written in other languages

If you need these services, ask a member of your care team.

If you believe that Mary T. Inc. has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, gender identity or sex, you can file a grievance with:

Mary T. Inc. Grievance Coordinator
11800 Xeon Blvd NW, Coon Rapids, MN 55448
Phone: 763-754-2505
Fax: 763-754-0332

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Mary T. Inc. Grievance Coordinator can help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <http://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html/>

Spanish:	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 763-754-2505.
Hmong:	LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 763-754-2505.
Chinese:	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 763-754-2505。
German:	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 763-754-2505.
Arabic:	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 763-754-2505.
Russian:	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 763-754-2505.
Korean:	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 763-754-2505 번으로 전화해 주십시오.
Vietnamese:	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 763-754-2505.
Pennsylvanian Dutch:	Wann du [Deutsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 763-754-2505.
Laotian:	ໂປດຊາບ: ຖ້າຫາກທ່ານເວົ້າພາສາ ລາວ, ກາ ນັບວິກາກາຊ່ວຍເຫຼືອກັນພາສາ, ໂດ ຍົນ ແຈ້ງ ຄ່າ, ເມື່ອມ ພ້ອມໃຫ້ ທ່ານ. ໂທ 763-754-2505.
French:	ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 763-754-2505.
Polish:	UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 763-754-2505.
Hindi:	ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मु त में भाषा सहायता सेवाएं उपलब्ध हैं। 763-754-2505 पर कॉल करें।
Albanian:	KUJDES: Nëse flitni shqip, për ju ka në dispozicion shërbime të asistencës gjuhësore, pa pagesë. Telefononi në 763-754-2505.
Tagalog:	PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 763-754-2505.
Cushite:	XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 763-754-2505.
Amharic:	ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 763-754-2505.
Karen:	ဟံသုဉ်ဟံသး- နမ့ၢ်ကတိၤ ကညိ ကျိာ်အယိ, နမ့ၢ် ကျိာ်အတၢ်မၤစၢၤလၢ တလၢာ်ဘျဉ်လၢာ်စ့ၤ နီတမံၤဘျဉ်သ့န့ၢ်လီၤ. ကိး 763-754-2505
Mon Khmer:	រាយការណ៍៖ បេសកកម្មកន្លែងនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ។ ដោយមិនគិតល្បួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 763-754-2505