

## Mission

Our mission is to provide coordinated a la carte services to meet people's need for care, comfort, security, and enjoyment.

## Vision

To provide assistance for meeting the needs of people through services and the coordination of services.

*Our services are tailored to meet your needs. We can provide you with one or a coordinate set of services. The charges for services are dependent upon the scope of your requests. We would love to meet with you, discuss your needs and provide you with an estimate.*

*We are problem solvers and can meet your needs!*



**Mary M. Tjosvold, PhD, CEO**  
Mary T. founded Mary T. Inc., a family owned organization that develops, owns, and manages rental and senior housing, human service programs, home health, and hospice services. She is an author, advocate and supporter of women in business, active in community affairs, an humanitarian, and serves on executive boards. She is committed to making a difference in people's lives.



**Joan Quade, J.D.**  
Joan was an RN for seven years before beginning her career as a lawyer 25 years ago. Her experience allows for a unique connection with the business, medical and accounting fields. Her organizational skills have prepared her to problem solve and assist families and individuals with many needs.



**Ruth Dahl**  
Ruth has an entrepreneurial background and has been involved in providing senior services for over 20 years. She has served as Director of Housing with Services with Mary T. Inc. since 2001.

Mary T. Inc. has over 600 staff. We do thorough background checks and hire the best people possible. We are a MN company.



## Personal Concierge Services

1555 118th Lane NW  
Coon Rapids, Minnesota 55448  
(763) 232-7663  
[www.marytinc.com](http://www.marytinc.com)



## Personal Concierge Services



*You need it . . .  
We get it done!*

## Limited Time?

*We can be your “go-to” personal assistant. Let us help with services and solutions to make your life easier.*

### What do you need us to do . . .

- Help with home maintenance
- Decorate your home for the holidays
- Arrange for home security services
- Care for your pet and walk the dog
- Escort you to appointments
- Help with travel plans
- Buy, set up or train you on a new computer
- Find a nanny for you

*You need it . . .*

*We get it done!*



## Samples of our expertise

### Personal assistance

- Housekeeping, laundry and meal preparation
- Errands
- Pet care and exercise
- Home preparation for holidays or special events

### Safety services

- Personal or phone safety checks – daily, weekly or as requested
- Home safety and security checks
- In-home health safety assessments (such as grab-bars, ramps, showers, and safe appliance shut-off)

### Emergency resources

- Personal or family emergency
- Maintain a home while it is up for sale
- Management of contractors for a major problem or project
- Monitor property while you are away

### Nanny services

- Transportation to school, appointments, or practices
- Parties
- Homework
- Light meal preparation

### Technology solutions

- Computer, phone, iPod, iPad, Kindle, etc.
- Email, facebook or twitter
- Family photo, music and special event DVDs
- Home wireless environment
- Assistive technology, assessment, installation and monitoring

## Property and home maintenance

- Lawn care, snow removal and landscaping
- Building maintenance and repairs
- House and/or garage cleaning
- Home sale assistance

## Senior care

- Dietary . . . meals and groceries
- Accompaniment to medical appointments
- Personal visits — games or outings
- Medical provider coordination, discussions with physicians
- Home health or hospice service coordination
- Medication assistance
- Dinner outings

## Travel and transportation help

- Airlines, hotels, travel insurance and transportation assistance
- Mail, newspaper delivery and home monitoring
- Travel companion

## Legal, medical or financial assistance

- Professional services coordination
- Pay bills

*And much more . . .*

